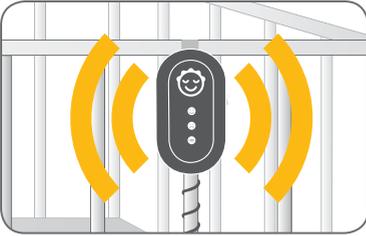
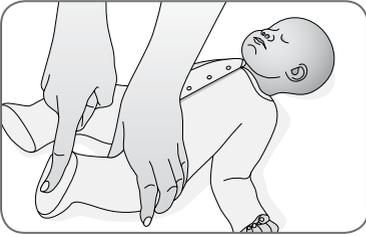


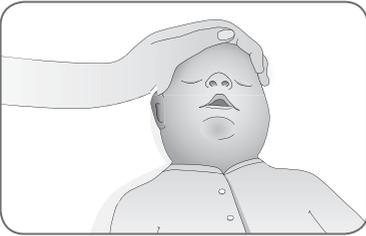
# FIRST AID



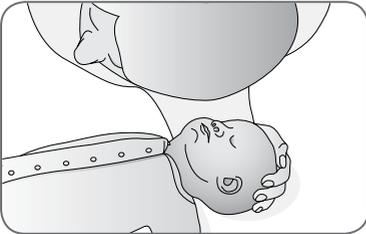
- ▶ If you hear the **warning signal** of the breathing monitor, check whether **the child is crying or moving**.



- ▶ **Stimulate** the infant on the bottom of its foot. Keep **calling** its name.
- ▶ If the infant does not respond by any movement or crying, **cry out loud for help**. If you are not alone, make the other person **call the emergency (112 or 999)**.

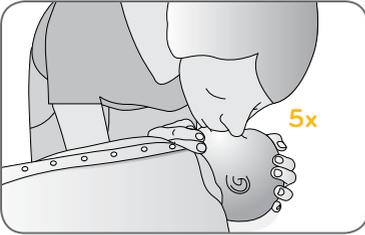


- ▶ Put the **head** of the infant to a **neutral position**. If it is older than one year, tilt its head backwards.
- ▶ Make sure the airway is **clear of any obstructions**. Never search blindly in the child or infant's mouth.

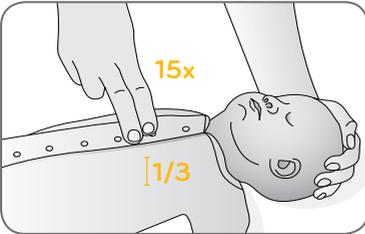


- ▶ **Monitor breathing** for 10 seconds. Place your ear to the mouth of the infant and **watch** the movement of its chest.

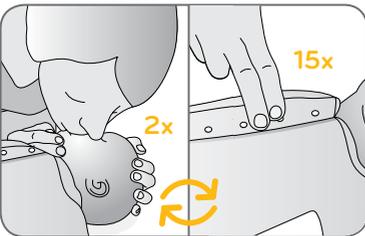
## FIRST AID



- ▶ If the infant is not breathing, **place your mouth over both its nose and mouth and breathe in** for about 1 second until the chest moves up. **Repeat 5 times.**



- ▶ **Press 15 x by 2 fingers** the middle of the infant's chest between the nipples. Press at the rate of 2 compressions a second to 1/3 of the chest depth.



- ▶ **Breathe in twice** again, until the chest moves up.
- ▶ **Repeat 15 chest compressions and 2 breaths.**
- ▶ After one minute **call the emergency (112 or 999)**, unless another rescuer has done it already.



- ▶ If possible, set the **speakerphone mode on** and place the phone next to the head of the infant.
- ▶ While dialing, **repeat 15 chest compressions and 2 breaths continually.**
- ▶ Subsequently, follow the **instructions** of the **emergency line** operator.